

Developing and Implementing a Physical Fitness Plan for
The South Carolina Department of Natural Resources
Law Enforcement Division



Brian M Corbett

South Carolina Department of Natural Resources Law
Enforcement Division

December 7, 2016

Table of Contents

Introduction.....	3
Problem Statement.....	4
Data Collection.....	6
Data Analysis.....	7
Implementation Plan.....	12
Evaluation Method.....	21
Summary and Recommendation.....	21
References.....	22
Appendices.....	23

Introduction

The South Carolina Department of Natural Resources (DNR) was formed on July 1, 1994 as part of the S.C. Restructuring Act and is composed of the former Wildlife and Marine Resources Department, Water Resources Commission, Land Resources Commission, State Geological Survey, and S.C. Migratory Waterfowl Committee. However, the first Game Wardens in South Carolina were commissioned in 1905 to protect the resources of this state. The mission for the South Carolina Department of Natural Resources is to serve as the principal advocate for and steward of the natural resources of this great state. DNR consists of five divisions: Wildlife and Freshwater Fisheries, Outreach and Support Services, Marine Resources, Law Enforcement, and Land, Water and Conservation.

The Division of Law Enforcement is responsible for enforcement of state and federal laws that govern hunting, recreational and commercial fishing, recreational boating, and other natural resource conservation efforts. The officers of DNR are highly trained and attend the South Carolina Criminal Justice Academy for a twelve week program along with every other Deputy, City Police, Agent, and Trooper in the State of South Carolina. After graduating from the Academy, DNR Officers attend Basic Wildlife Training for eight weeks learning skills specific to a DNR Officer. This training is conducted at different locations around the state. Once the initial twenty weeks of training is completed, the DNR Officers are now State Police Officers who have been entrusted to protect our natural resources. All DNR Officers are also deputized by the US Department of Interior to enforce federal wildlife and fisheries crimes.

DNR Officers are assigned to a county and work in units which may consist of several counties. They answer calls of service from the public 24 hours a day, 7 days a week. These officers also assist other law enforcement agencies within their patrol assignments on a regular basis. DNR officers are the face of the agency to the general public.

The DNR Law Enforcement Division has an Education Section that is devoted to our younger generation by teaching hunter and boater education courses. These officers take pride in sharing their love of the outdoors with school age students all around the state. Several other programs in the education section are: Take One Make One, Archery in the Schools, and the Scholastic Shooting Clays Program.

Another important part of the Law Enforcement Division is the Investigations Section. This section is comprised of officers who work hunting and boating fatalities, as well as the dive team which is known as the "DNR A.I.R. Team" (Aquatic Investigations and Recovery). These officers work cases that resulted in death and other sophisticated resource crimes.

The Emergency Management Section of the Division utilizes aircraft for law enforcement patrols, search and rescues, and other departmental missions. This section is responsible for planning hurricane, ice storm, and other homeland security missions.

Problem Statement

The purpose of this project is to develop and implement a physical fitness program for the law enforcement officers of the South Carolina Department of Natural Resources. When an applicant applies for a law enforcement position at DNR, they must pass a timed obstacle course and take a swim test as part of the hiring process. The obstacle course consists of

running, jumping, and going across obstacles in a fixed amount of time. Immediately after this phase is completed, the applicant must drag a training dummy weighing one hundred fifty pounds for a set distance. Next, the applicant must swim ten laps in a pool and tread water for ten minutes. All of this takes place before the applicant is hired.

Once the applicant is hired at DNR, they must attend the South Carolina Criminal Justice Academy. While at the Academy, they must pass a timed obstacle course. They also take classes in defensive tactics. All cadets run and perform physical training exercises on a regular basis at the Academy. Needless to say, this training has passing standards that must be attained by the cadets to graduate from the Academy. After the cadet graduates from the Academy and becomes a Conservation Officer at DNR, the problem is that there are no physical training requirements or programs at the agency for the rest of the officer's career. Currently, physical fitness is not promoted nor assessed at DNR. Conservation Officers perform most of their work alone outdoors in adverse conditions. Their work is performed in a truck, boat, all-terrain vehicle, or walking through in the woods. DNR officers do not sit behind a desk from 8 a.m.-5 p.m.; they live an active lifestyle in most cases. A physical fitness plan at DNR will have many benefits such as:

- Build morale between the officers who participate;
- Reduce risk factors for health problems like obesity, diabetes, cardiovascular disease; hypertension, pulmonary disease, depression, and so on;
- Build confidence and self-worth;
- Increase productivity while working; and

- Save the agency money by reducing workers compensation claims.

My goal is to change the mindset of the agency by implementing a yearly plan for evaluating fitness levels that an officer will participate in on a voluntary basis and rewarding officers for exceeding fitness levels. When I discussed this project with the Senior Staff at DNR, they were highly supportive and told me to proceed with the research.

Data Collection

The goal of my data collection was to determine if there was interest from officers within DNR to participate in a fitness plan, and if other State DNR Agencies around the nation had a similar plan. I contacted and gained valuable information from many agencies such as: the FBI, South Carolina Criminal Justice Academy, Florida Fish and Game, Georgia DNR, Tennessee Wildlife Resource Agency, Texas Parks and Wildlife Department, Maine Warden Service, Ohio Department of Natural Resources, Arkansas Game and Fish, and Idaho Department of Fish and Game. The three questions that were asked to these agencies are:

1. Do you have a yearly physical fitness test? If so, please answer the following questions.
2. Is the test mandatory for all officers? Is it pass/fail? Are there incentives or rewards given for exceeding the test standards?
3. What exercises or events does the testing consist of?

Next, I used the website Survey Monkey to send a simple five question survey to all 245 officers at DNR. The questions within that survey are listed below:

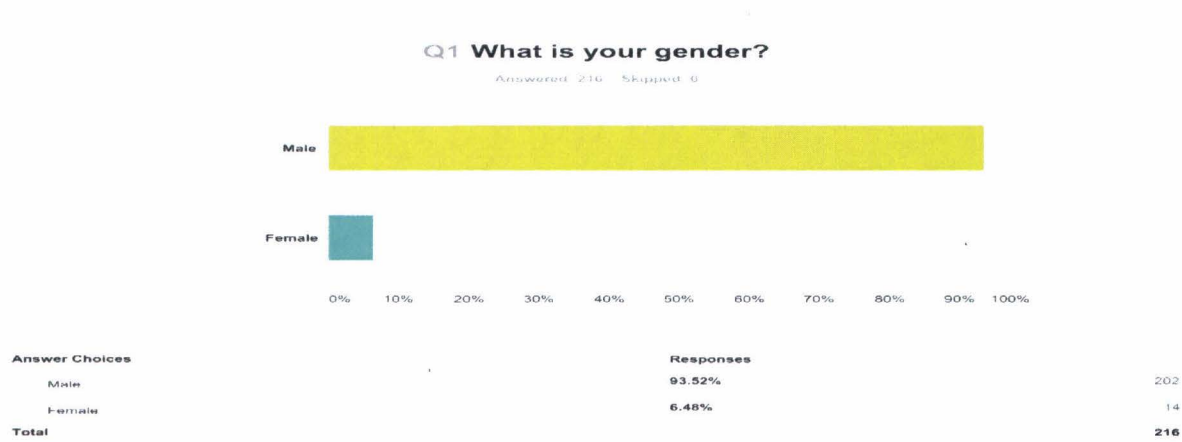
1. What is your gender?

2. What is your age?
3. How many years have you worked at DNR in the Law Enforcement Division?
4. Do you believe that physical fitness plays an important role in the Law Enforcement profession?
5. Would you participate in a voluntary physical fitness test administered by DNR Officers on a yearly basis?

The officers were instructed to complete the survey within three weeks, and a reminder was emailed a week before the survey expired. I also searched online media for articles that pertain to physical fitness in the law enforcement community and learned of the Cooper Institute of Physical Fitness.

Data Analysis

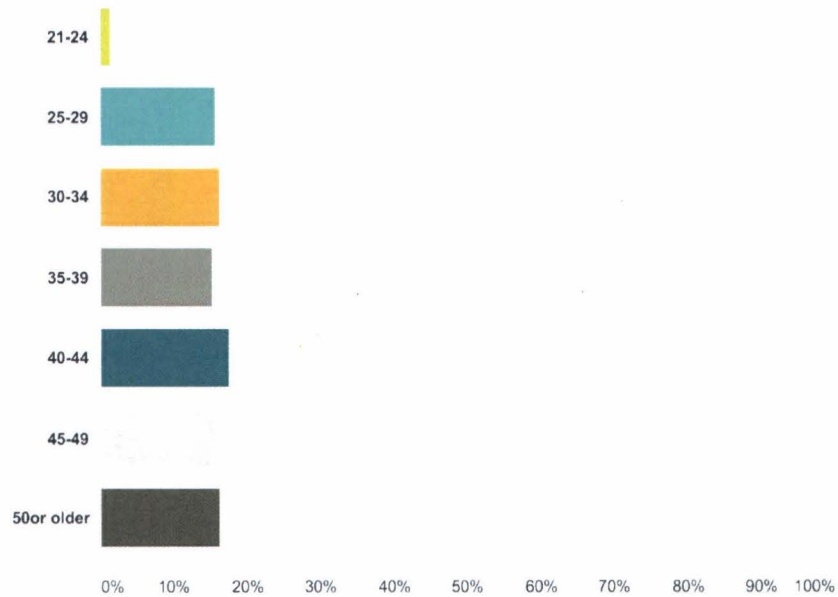
The participation rate for officers who completed the online survey was 88%, 216 out of 245 officers took time to complete the survey and assist me with the research for the project. A total of 93% of the officers who took the survey are male which is an accurate representation of the gender of the DNR Law Enforcement Division.



The age distribution of officers who completed the survey started in the early twenties and went to the late fifties. The breakdown of the stats are shown below.

Q2 What is your age?

Answered: 216 Skipped: 0

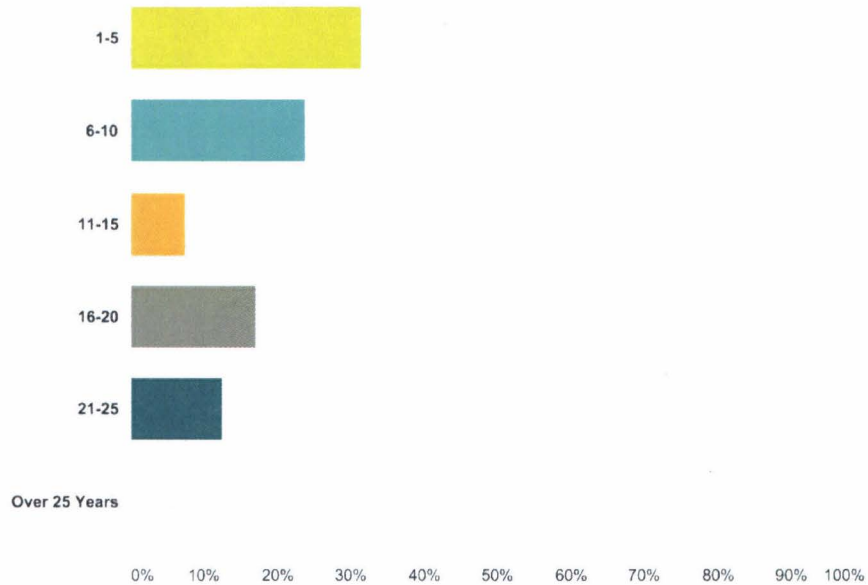


Answer Choices	Responses	
21-24	1.39%	3
25-29	15.74%	34
30-34	16.20%	35
35-39	15.28%	33
40-44	17.59%	38
45-49	17.59%	38
50 or older	16.20%	35
Total		216

The experience level of officers completing the survey ranged from one year to over twenty five years of service. I believe it is important for both new and senior officers to have input when developing a program at our agency.

Q3 How many years have you worked at SCDNR in the Law Enforcement Division?

Answered: 215 Skipped: 1

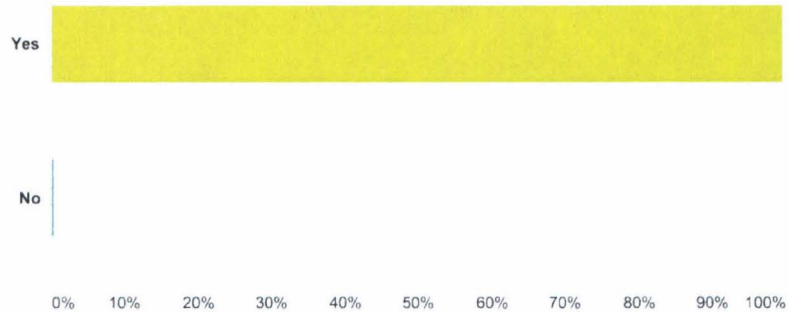


Answer Choices	Responses	
1-5	31.63%	68
6-10	23.72%	51
11-15	7.44%	16
16-20	17.21%	37
21-25	12.56%	27
Over 25 Years	7.44%	16
Total		215

The fourth question in the survey asked officers if they believe that physical fitness plays an important role in the law enforcement profession. I am proud to say that only one person answered no to this question. Therefore, this confirms my belief that DNR needs a physical fitness program.

Q4 Do you believe that physical fitness plays an important role in the law enforcement profession?

Answered: 213 Skipped: 3

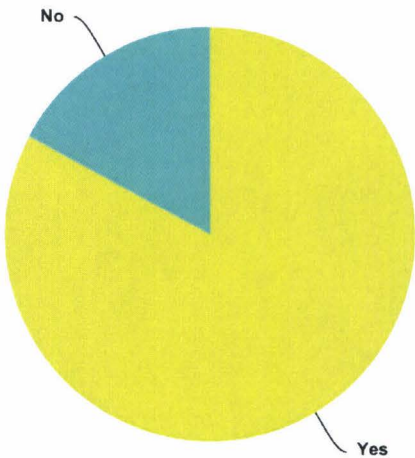


Answer Choices	Responses	
Yes	99.53%	212
No	0.47%	1
Total		213

The final question in the survey asked officers if they would participate in a voluntary physical fitness test administered by DNR. This one question would determine if there was enough interest to implement a Physical Fitness Plan. The results were far higher than I anticipated because 82% of the officers said they would participate in a test. Anytime that many officers agree to participate in a voluntary program, it shows a need is present for fitness in the profession.

Q5 Would you participate in a Voluntary physical fitness test administered by SCDNR Officers on a yearly basis?

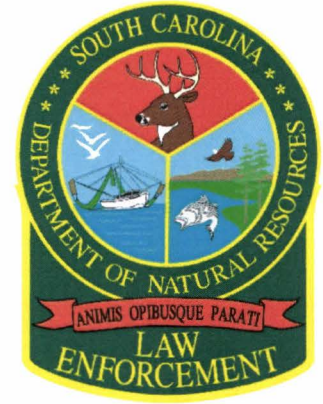
Answered: 216 Skipped: 0



Answer Choices	Responses	
Yes	82.87%	179
No	17.13%	37
Total		216

Of the eleven state and federal law enforcement agencies that I contacted, nine of them have a physical fitness program. Four of the agencies have a mandatory test, and five have a voluntary test which is not dependent of their continued employment at their agencies. Many agencies use the Cooper Fitness Test for their physical readiness programs because of its legal validity. This test has been used since 1971 to over 110,000 participants by 180 federal, state, and municipal agencies. It has been tried and challenged in court and has extensive research. All agencies provided feedback with the different programs of how fitness is tested in their organization. This information helped provide insight and understanding for developing a plan at DNR.

Physical Fitness Plan



I. Purpose

The South Carolina Department of Natural Resources Law

Enforcement Division will employ officers who are physically ready to provide law enforcement functions in a safe and effective manner to the citizens of South Carolina. Law enforcement officers have a duty and obligation to protect themselves, the general public, and fellow officers by being physically fit and ready to perform in strenuous situations. DNR officers perform many work related tasks that require physical readiness like:

- Apprehend violators and enforce laws;
- Patrol off road (woods, lakes, rivers, marshes, mountains) using motorized and non-motorized boats, all-terrain vehicles, and mountain bikes;
- Dive in lakes, rivers, and the ocean using SCUBA gear performing water related law enforcement activities;
- Capture, restrain, and remove wildlife;
- Load and unload heavy equipment (all-terrain vehicles, boats, and trailers);
- Hike uneven terrain for miles;

- Work in extreme and adverse weather conditions; and
- Work irregular, overnight, and unscheduled hours.

The division will provide a fit, healthy workforce by promoting physical fitness testing and highly encouraging officers to participate in a yearly physical fitness plan.

II. Procedures

1. The annual physical fitness test will be coordinated and scheduled by the DNR training staff. Each Region will assign two officers to serve as regional administrators to assist the training staff with evaluating the testing.
2. The fitness test will be performed in each region during the time period of September 1 through November 30.
3. All officers who participate in the fitness test must sign and date a health screening questionnaire prior to testing. The training staff will ensure a first kit and AED are available at each site. The training staff shall seek medical attention for any employee having difficulty before, during, or after the physical fitness test. The DNR fitness test is voluntary. However, all officers are encouraged to participate.
4. The physical fitness test will consist of:

A. Timed Mile and a half run

1.5 MILE RUN: The applicant will walk, jog, run, or any combination thereof, a distance of one and one-half miles. A measured, level course will be used, such as an indoor or outdoor track. Exact distances will be indicated. An administrator will keep record of the distance and time the applicant has completed. An administrator will inform the applicant at the end

of each lap the cumulative running time and will count out loud the number of laps completed.

Scoring: *The time it takes to finish 1.5 miles.*

B. Maximum number of pushups in one minute

ONE MINUTE PUSH-UP TEST: You will assume the standard position for a push-up, which is the body rigid and straight from head to their heels (plank position) with the feet together and the hands slightly wider than shoulder-width apart in the "UP" position. An administrator will place his fist on the surface directly under your chest, between and in line with the nipples of your chest. With the back and remainder of the body straight at all times, you will lower the body towards the floor until your sternum touches the fist of the administrator's hand. You will then push to the fully extended UP position, so that the elbows come to a near locked position. This will complete one repetition. You will complete as many correct push-ups as possible in 1 minute. You may rest only in the UP position while maintaining your body in a straight position at all times during the test. If you do not touch the fist or do not go all the way up, those individual push-ups do not count. If you come out of the plank position or any parts of your body touch the floor other than your hands and feet, the test is over. The test administrator will count out loud only the number of correct push-ups completed.

Scoring: *The total number of correct push-ups in 1 minute.*

C. Maximum number of sit-ups in one minute

ONE MINUTE SIT-UP TEST: You will lie down on your back with knees bent and heels flat on the same level surface that you are lying down on. A partner will hold your feet down. Your arms will be folded across your chest and must stay in contact with your chest throughout the exercise. Your partner will hold your feet in position by placing their knees on the outside of your feet, and their hands on the top of your feet. The test administrator will be on your right side with their left hand under your right shoulder blade, and their right hand will be halfway between your knees and the back of your hands with the palm facing you. The test will begin in the down position. On the "Go" command, you will roll forward with the upper body, touch the back of your hands to the administrator's palm, return to the start position, and touch the administrator's left hand. You will return to a full lying position (with lower back touching the floor) before starting the next sit-up. The buttocks must be kept in contact with the surface during the sit-up with no thrusting of the hips. You will perform as many sit-ups as possible in 1 minute. If your buttocks come off the floor, your fingers come off of the chest, you do not come all the way up to perpendicular or your shoulders do not touch the floor, those individual sit-ups

will not count. The test administrator will count out loud only the number of correct sit-ups completed.

Scoring: *Your total number of correct sit-ups in 1 minute.*

5. All officers who participate in the fitness testing will receive an athletic shirt. Officers who exceed the 80th percentile of the Cooper Fitness standards for the Mile and half run, pushups, and sit-ups will wear an approved physical fitness pin on their summer/winter uniform placed one inch above the nameplate. This pin will be worn for one year after the test is completed.
6. The cost to implement this program will be minimal to the agency. The only cost with the program will be to purchase shirts at fifteen dollars each for all officers who participate and pins at twenty dollars each for the few officers who excel in the testing requirements. All testing would take place during normal working hours with no additional cost for the agency. The approximate cost per year to supplement the program is \$3,500.00.
7. The following document listed is the physical fitness standards created by the Cooper Fitness Institute for males and females of all ages. The fitness test scoring sheet and the health screening questionnaire will be completed as part of the testing.

Muscular Endurance (Core Body) - One Minute Sit-ups

Females

	Age					
	20-29	30-39	40-49	50-59	60+	
99%	>51	>42	>38	>30	>28	Superior
95%	51	42	38	30	28	
90%	49	40	34	29	26	
85%	45	38	32	25	20	Excellent
80%	44	35	29	24	17	

75%	41	33	28	22	15	
70%	39	32	27	22	12	
65%	38	30	25	21	12	
60%	37	29	24	20	11	Good
55%	35	28	23	19	10	
50%	34	27	22	17	8	
45%	32	26	21	16	8	
40%	31	25	20	14	6	Fair
35%	30	24	19	12	5	
30%	28	22	17	12	4	
25%	24	21	16	11	4	
20%	23	20	14	10	3	Poor
15%	21	18	13	7	2	
10%	21	15	10	6	1	
5%	18	11	7	5	0	
1%	<18	<11	<7	<5	0	Very Poor

Muscular Endurance (Core Body) - One Minute Sit-ups

Males

Age

	20-29	30-39	40-49	50-59	60+	
99%	>55	>51	>47	>43	>39	
95%	55	51	47	43	39	Superior
90%	51	48	43	39	35	
85%	49	45	40	36	31	
80%	47	43	39	35	30	Excellent
75%	46	42	37	33	28	
70%	45	41	36	31	26	
65%	44	40	35	30	24	
60%	42	39	34	28	22	Good
55%	41	37	32	27	21	
50%	40	36	31	26	20	
45%	39	35	30	25	19	
40%	38	35	29	24	19	Fair
35%	37	33	28	22	18	
30%	35	32	27	21	17	
25%	35	31	26	20	16	
20%	33	30	24	19	15	Poor
15%	32	28	22	17	13	
10%	30	26	20	15	10	
5%	27	23	17	12	7	
1%	<27	<23	<17	<12	<7	Very Poor

Muscular Endurance (Upper Body) - Maximum Push-ups

Females (Modified Style)

Age

	20-29	30-39	40-49	50-59	60+	
99%	70	56	40	31	20	
95%	45	39	33	28	20	Superior
90%	42	36	28	25	17	
85%	39	33	26	23	15	
80%	36	31	24	21	15	Excellent

75%	32	28	21	20	15	
70%	32	28	20	19	14	
65%	31	26	19	18	13	
60%	30	24	18	17	12	Good
55%	29	23	17	15	12	
50%	26	21	15	13	8	
45%	25	20	14	13	6	
40%	23	19	13	12	5	Fair
35%	22	17	11	10	4	
30%	20	15	10	9	3	
25%	19	14	9	8	2	
20%	17	11	6	6	2	Poor
15%	15	9	4	4	1	
10%	12	8	2	1	0	
5%	9	4	1	0	0	Very Poor

Muscular Endurance (Upper Body) - Maximum Push-ups

Males

Age

	20-29	30-39	40-49	50-59	60+	
99%	100	86	64	51	39	
95%	62	52	40	39	28	Superior
90%	57	46	36	30	26	
85%	51	41	34	28	24	
80%	47	39	30	25	23	Excellent
75%	44	36	29	24	22	
70%	41	34	26	21	21	
65%	39	31	25	20	20	
60%	37	30	24	19	18	Good
55%	35	29	22	17	16	
50%	33	27	21	15	15	
45%	31	25	19	14	12	
40%	29	24	18	13	10	Fair
35%	27	21	16	11	9	
30%	26	20	15	10	8	
25%	24	19	13	9	7	
20%	22	17	11	8	6	Poor
15%	19	15	10	7	5	
10%	18	13	9	6	4	
5%	13	9	5	3	2	Very Poor

Aerobic Capacity – 1.5 Mile Run

Females

Age

	20 -29	30-39	40-49	50-59	60+	
99%	8:33	10:25	10:47	12:28	11:36	
95%	10:47	11:49	12:51	14:20	14:06	Superior
90%	11:43	12:51	13:22	14:55	14:55	
85%	12:20	13:43	14:06	15:29	15:57	

80%	12:51	14:08	14:31	15:57	16:20	Excellent
75%	13:22	14:24	14:57	16:05	16:27	
70%	13:53	14:50	15:16	16:27	16:58	
65%	14:08	15:08	15:41	16:51	17:29	
60%	14:24	15:20	15:57	16:58	17:46	Good
55%	14:35	15:26	16:12	17:24	18:00	
50%	14:55	15:47	16:34	17:29	18:16	
45%	15:10	15:57	16:58	17:55	18:31	
40%	15:26	16:23	16:59	18:09	18:44	Fair
35%	15:48	16:35	17:24	18:23	18:54	
30%	15:57	16:58	17:29	18:31	18:59	
25%	16:26	17:14	18:00	18:49	19:02	
20%	16:33	17:29	18:21	19:02	19:21	Poor
15%	16:58	18:00	18:31	19:30	19:51	
10%	17:21	18:31	19:05	19:57	20:12	
1%	19:25	19:27	20:04	20:47	21:06	Very Poor

Aerobic Capacity – 1.5 Mile Run

Males

	Age					
	20 -29	30-39	40-49	50-59	60+	
99%	7:29	7:11	7:42	8:44	9:30	
95%	8:13	8:44	9:30	10:40	11:20	Superior
90%	9:09	9:30	10:16	11:18	12:20	
85%	9:45	10:16	11:18	12:20	13:22	
80%	10:16	10:47	11:44	12:51	13:53	Excellent
75%	10:42	11:18	11:49	13:22	14:24	
70%	10:47	11:34	12:34	13:45	14:53	
65%	11:18	11:49	12:51	14:03	15:19	
60%	11:41	12:20	13:14	14:24	15:29	Good
55%	11:49	12:38	13:22	14:40	15:55	
50%	12:18	12:51	13:53	14:55	16:07	
45%	12:20	13:22	14:08	15:08	16:27	
40%	12:51	13:36	14:29	15:26	16:43	Fair
35%	13:06	13:53	14:47	15:53	16:58	
30%	13:22	14:08	14:56	15:57	17:14	
25%	13:53	14:24	15:26	16:23	17:32	
20%	14:13	14:52	15:41	16:43	18:00	Poor
15%	14:24	15:20	15:57	16:58	18:31	
10%	15:10	15:52	16:28	17:29	19:15	
1%	17:48	18:00	18:51	19:36	20:57	Very Poor



DNR Health Screening Questionnaire

Please answer the following questions:

Yes	No	
_____	_____	1. Has your doctor ever said you have heart trouble?
_____	_____	2. Do you frequently have pains in your heart and chest?
_____	_____	3. Do you often feel faint or have spells of severe dizziness?
_____	_____	4. Has a doctor ever said your blood pressure was too high?
_____	_____	5. Has your doctor ever told you that you have a bone or joint problem that has been aggravated by exercise or might be made worse with exercise?
_____	_____	6. Is there a good physical reason not mentioned here why you should not participate in physical fitness testing?

If you answered **yes** to any questions, consult with your physician before attempting to participate in the physical fitness testing.

Printed Name

Signature

Date



DNR Physical Fitness Scoring Form

Name: _____

Gender: _____ (Male) _____ (Female) Age: _____

Region: _____ Testing Location: _____

Date of Test _____

All officers must complete the 1.5 mile run, push-ups, and sit-ups with a 10 min rest period between each exercise.

1.5 mile run _____

Push-ups # _____ Sit-ups # _____

Officer Signature: _____

Instructor Signature: _____

Evaluation Method

During the first year of implementing the fitness plan, administrators will be evaluating the participation rate of officers to see if the actual rate aligns with the survey participation results. This process will show if officers were truthful while completing the survey. After the first year of administering the plan, the officer can compare their individual results from one year to the next. The data collection process will determine if an officer's test scores increase or decrease with their fitness level. The training staff will keep the officer's score sheet in the training file and will evaluate the results to see if it meets the requirements for the physical fitness pin award.

Summary and Recommendations

The research conducted in this project have shown a need for DNR to develop and implement a physical fitness plan. A high percentage of all DNR officers indicated in the survey that they believe physical fitness is important in the law enforcement profession and would participate in a voluntary fitness plan. A majority of all the agencies that were contacted have a fitness plan as well. After discussing the liability of the fitness plan with the legal staff at DNR, our attorney concluded that since the test was voluntary, DNR should be clear in legal ramifications. The command staff at DNR approved of the physical fitness plan and the implementation should occur in the fall of 2017. I believe this plan will improve the fitness level of officers who participate while costing the agency very little money in the long run. The benefits of the plan will far outweigh the cost.

References

Arkansas Game and Fish

Federal Bureau of Investigations

Florida Fish and Game

Georgia Department of Natural Resources

[Http://strongswiftdurable.com/law-enforcement-athlete-articles/why-is-the-cooper-fitness-t...](http://strongswiftdurable.com/law-enforcement-athlete-articles/why-is-the-cooper-fitness-t...)

Idaho Department of Fish and Game

Maine Warden Service

Ohio Department of Natural Resources

South Carolina Criminal Justice Academy

Tennessee Wildlife Resource Agency

Texas Parks and Wildlife Department

WWW.COOPERINSTITUTE.ORG

Appendices A

DNR Officers,

I am taking a Certified Public Manager Program, and I'm working on a project that I believe will benefit the officers of this agency. The topic of my project is Developing and Implementing a Physical Fitness Plan for the Law Enforcement Division at DNR. The plan would be voluntary, and I'm trying to gauge how many officers would participate.

The link below is a simple five question survey that I am requesting that you fill in. Please have this survey completed NO LATER THAN FRIDAY, AUGUST 26.

<https://www.surveymonkey.com/r/JRV8V6W>

Thanks for your help, and I look forward to your response.

LT. Brian Corbett

S.C. Department of Natural Resources

Law Enforcement Division

2762 Wildlife Lane

West Columbia, SC 29172

Office: (803) 755-1822

Mobile: (803) 609-6839

Corbettb@dnr.sc.gov

Appendices B

Just a reminder,

If you have not filled out the survey link listed below, please do so by Friday, August 26. It consists of five simple questions and will only take a minute of your time.

<https://www.surveymonkey.com/r/JRV8V6W>

Thanks to everyone who have completed the survey, and I look forward to receiving a response from everyone else.

Thanks again,

LT. Brian Corbett

S.C. Department of Natural Resources

Law Enforcement Division

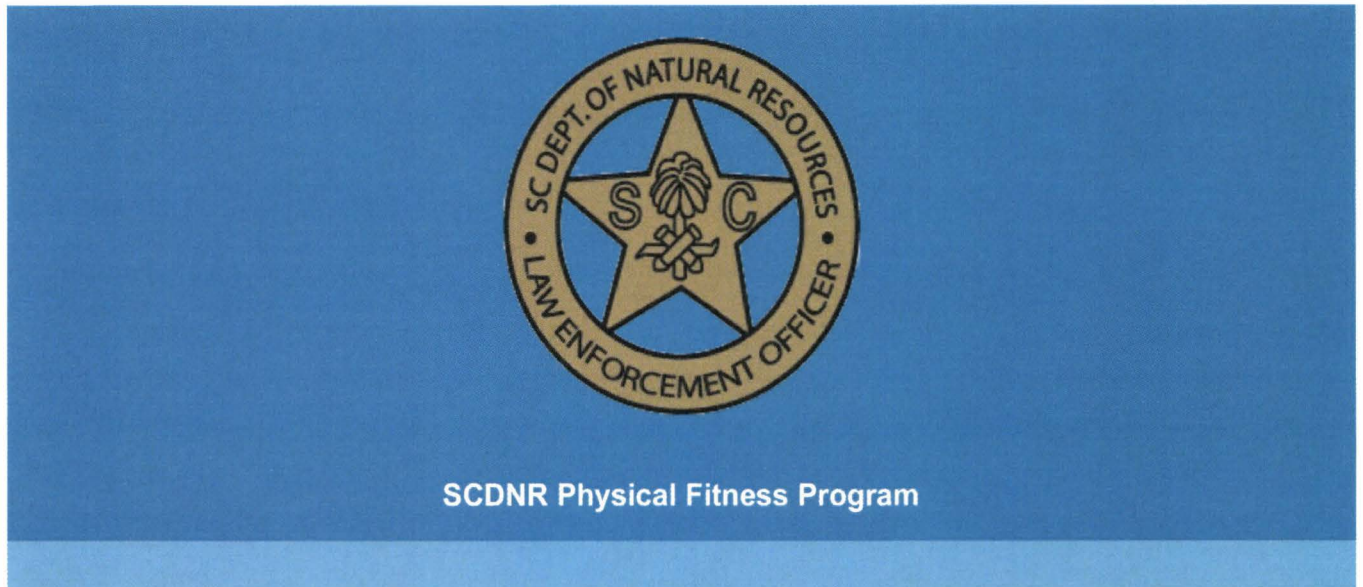
2762 Wildlife Lane

West Columbia, SC 29172

Office: (803) 755-1822

Mobile: (803) 609-6839

Corbettb@dnr.sc.gov



1. What is your gender?

- ☐ Male
- ☐ Female

2. What is your age?

- ☐ 21-24
- ☐ 25-29
- ☐ 30-34
- ☐ 35-39
- ☐ 40-44
- ☐ 45-49
- ☐ 50 or older

3. How many years have you worked at SCDNR in the Law Enforcement Division?

- ☐ 1-5
- ☐ 6-10
- ☐ 11-15
- ☐ 16-20
- ☐ 21-25
- ☐ Over 25 Years

4. Do you believe that physical fitness plays an important role in the law enforcement profession?

- ☐ Yes
- ☐ No

5. Would you participate in a **Voluntary** physical fitness test administered by SCDNR Officers on a yearly basis?

- ☐ Yes
- ☐ No

From: Brian Corbett [<mailto:CorbettB@dnr.sc.gov>]
Sent: Tuesday, June 21, 2016 3:24 PM
To: Chad Jones <Chad.Jones@tpwd.texas.gov>
Subject: South Carolina Department of Natural Resources

Captain Jones,

Good Afternoon, and I hope you're doing well. I received your name and contact information from LT. DJ Riley at DNR.

DNR is in the process of developing a yearly physical fitness program for our officers, and I'm trying to gather information on whether or not other Wildlife Agencies around the nation have a similar program. I would greatly appreciate it if you would assist me by answering the questions below:

1. Does Texas Parks and Wildlife Department have a yearly physical fitness test? If so, please answer the following questions.
2. Is the test mandatory for all officers? Is it pass/fail? Are there incentives or rewards given for exceeding the test standards?
3. What exercises or events does the testing consist of?

Please elaborate and share any applicable information that you have in regards to the questions listed. Thanks for your help, and I look forward to your response.

Thanks again,

LT. Brian Corbett
S.C. Department of Natural Resources
Law Enforcement Division
2762 Wildlife Lane
West Columbia, SC 29172
Office: (803) 755-1822
Mobile: (803) 609-6839

Corbettb@dnr.sc.gov

